Many people in the Downtown Eastside know that cheque day means more drug use and related harm.

**The Project**

This study looked at drug use and overdose data from Insite to see if cheque day is associated with health and social harms.

The study showed overdoses related to riskier injections taking place, not just an increase in injections.

**Results**

The risk of overdose was over two times more likely on or immediately after cheque day among people injecting drugs at Insite.

**What’s Next?**

This study shows the need to look at other ways of distributing income assistance, like varying days or splitting payments into two.

Interested in learning more or being part of a study that is doing this? Contact us at 778-945-5681
611 Powell Street (VIDUS OFFICE)
tasa@cfenet.ubc.ca